

# Week Commencing

# SCHOOL MENU - Balanced, nutritious and freshly prepared tasty meals

Week 1	Week 2	Week 3
<p>30/08/2021</p> <p>20/09/2021</p> <p>11/10/2021</p> <p>08/11/2021</p> <p>29/11/2021</p> <p>03/01/2022</p> <p>24/01/2022</p> <p>14/02/2022</p> <p>14/03/2022</p> <p>04/04/2022</p> <p>09/05/2022</p> <p>06/06/2022</p> <p>27/06/2022</p> <p>18/07/2022</p>	<p>06/09/2021</p> <p>27/09/2021</p> <p>18/10/2021</p> <p>15/11/2021</p> <p>06/12/2021</p> <p>10/01/2022</p> <p>31/01/2022</p> <p>28/02/2022</p> <p>21/03/2022</p> <p>25/04/2022</p> <p>16/05/2022</p> <p>13/06/2022</p> <p>04/07/2022</p>	<p>13/09/2021</p> <p>04/10/2021</p> <p>01/11/2021</p> <p>22/11/2021</p> <p>13/12/2021</p> <p>17/01/2022</p> <p>07/02/2022</p> <p>07/03/2022</p> <p>28/03/2022</p> <p>02/05/2022</p> <p>23/05/2022</p> <p>20/06/2022</p> <p>11/07/2022</p>
<p><b>MONDAY</b></p> <p>Pork &amp; Carrot Meatballs in a Freshly made Tomato Sauce</p> <p>Quorn Balls in a Freshly made Tomato Sauce (v)</p> <p>Pasta Neapolitan (v)</p> <p>All served with Penne Pasta, Broccoli &amp; Sweetcorn</p> <p>Chocolate or Vanilla Muffin, Fruit Salad or Yoghurt</p>	<p><b>MONDAY</b></p> <p>Mac 'n' Cheese (v)</p> <p>Served with Sweetcorn &amp; Peas</p> <p>Apple Crumble &amp; Custard, Chocolate &amp; Vanilla Mousse, Fruit Salad or Yoghurt</p>	<p><b>MONDAY</b></p> <p>Beef Burger</p> <p>All served in a bun with a selection of fillings: onion, cheese &amp; ketchup, with Baked Beans &amp; Sweetcorn</p> <p>Chocolate &amp; Vanilla Cupcakes, Strawberry Mousse, Fruit Salad or Yoghurt</p>
<p><b>TUESDAY</b></p> <p>Selection of Fish Vegetable Bake (v)</p> <p>All served with Garlic &amp; Herb Wedges, Peas &amp; Baked Beans</p> <p>Cheese &amp; Crackers, Vanilla Ice-cream, Fruit Salad or Yoghurt</p>	<p><b>TUESDAY</b></p> <p>Pork Sausages</p> <p>Quorn Vegan Sausage (v)</p> <p>All served with Chips or Jacket Potato, Baked Beans &amp; Broccoli</p> <p>Cheese &amp; Crackers, Vanilla Ice-cream (with toffee sauce) Fruit Salad or Yoghurt</p>	<p><b>TUESDAY</b></p> <p>Lasagne Vegetable Lasagne (v)</p> <p>All served with Fresh Bread, Green Beans &amp; Carrots</p> <p>Mini Doughnuts, Fruit Salad or Yoghurt</p>
<p><b>WEDNESDAY</b></p> <p>Roast Beef with Yorkshire Pudding &amp; Gravy</p> <p>Quorn Vegan Sausage in a Yorkshire Pudding with Gravy (v)</p> <p>All served with Roast Potatoes &amp; Mash, Carrots, Broccoli &amp; Cauliflower</p> <p>Selection of Cookies, Fruit Salad or Yoghurt</p>	<p><b>WEDNESDAY</b></p> <p>Roast Chicken &amp; Gravy</p> <p>All served with Roast Potatoes &amp; Mash, Carrots, Cabbage &amp; Leek &amp; Sweet Potato Bake</p> <p>Selection of Cookies or Cake, Fruit Salad or Yoghurt</p>	<p><b>WEDNESDAY</b></p> <p>Roast Pork with Apple Sauce &amp; Gravy</p> <p>All served with Roast Potatoes &amp; Mash, Carrots, Broccoli &amp; Cauliflower Cheese</p> <p>Selection of Cookies, Cheese &amp; Crackers, Fruit Salad or Yoghurt</p>
<p><b>THURSDAY</b></p> <p>Breaded Chicken Breast Steak &amp; Noodles</p> <p>All served with Sweet &amp; Sour Sauce, Green Beans &amp; Sweetcorn</p> <p>Toffee Cake &amp; Custard, Fruit Salad or Yoghurt</p>	<p><b>THURSDAY</b></p> <p>Beef Bolognese Vegetable &amp; Lentil Bolognese (v)</p> <p>All served with Pasta, Sweetcorn &amp; Green Beans</p> <p>Chocolate Sponge &amp; Chocolate Sauce, Fruit Salad or Yoghurt</p>	<p><b>THURSDAY</b></p> <p>Selection of Fish Vegetable Bake (v)</p> <p>All served with Chips or Noodles, Peas &amp; Baked Beans</p> <p>Ginger &amp; Orange Sponge &amp; Custard, Fruit Salad or Yoghurt</p>
<p><b>FRIDAY</b></p> <p>Chicken Tikka Masala (with brown &amp; white rice &amp; naan bread)</p> <p>Pizza (v) (with a selection of toppings &amp; chips)</p> <p>All served with Baked Beans &amp; Peas</p> <p>'Fruity Friday'</p>	<p><b>FRIDAY</b></p> <p>Selection of Fish Vegetable Bake (v)</p> <p>All served with Baby Potatoes, Baked Beans &amp; Peas</p> <p>'Fruity Friday'</p>	<p><b>FRIDAY</b></p> <p>Pizza (v) (with a selection of toppings &amp; jacket wedges)</p> <p>Served with Sweetcorn &amp; Baked Beans</p> <p>'Fruity Friday'</p>

Available Daily: Freshly-made bread & selection of salads. **Fruity Friday:** A selection of fruit platter, fruit salad, fruit jelly, yoghurt & mango sorbet  
**Selection of Fish:** Will be a combination of - battered pollock, fish cake, fish fingers, seaside fish fillet, pollock bites, bubble crisp pollock fillet  
**Food Allergen & Intolerance Information:** Before ordering speak to our staff about your requirements. The menu may vary on promotional days.