

Quicksticks Hockey- Progression of Key Skills

Year 3	Year 4	Year 5	Yr 6
Dribble the ball holding the stick in correct position	Dribble the ball the ball with control	Dribbling the ball in different directions keeping head up	Dribble the ball at various speeds- both in isolation and a game situation
Perform a pass at a short distance and receive the ball with some control	Perform a short pass and begin to move into a space and receive the ball with some control	Perform a pass with control, accuracy and with movement into a space	Pass and move into a space with accuracy, control and speed (in isolation/game situation)
Pass the ball over a longer distance	Pass the ball over a longer distance with accuracy and power	Pass the ball over a variety of distances with some accuracy and power in a game situation	I can start to pass the ball over a variety of distances in attacking or defensive situations
Begin to tackle a player safely	Tackle a player using correct grip	I can begin to defend against an opponent in a game situation	Begin to defend as an individual and communicate to defend as a team (marking and tackling)
Can occasionally score whilst the ball is stationary	Can occasionally score whilst the ball is moving	Can hit a moving ball with some accuracy and control into a goal	I can hit a moving ball into a goal from different angles and sometimes with different levels of power.
Embracing rules and playing fairly	Inspire others with fair play and being gracious in victory and defeat	Begin to communicate with team to develop tactics for attacking and defending	Communicate with team evaluate and recognise success to help improve individual and team performance

