

Basketball- Progression of Key Skills (Invasion Games)

Reception-(through first PE unit/MS)	Year 1- (through ball skills unit)	Year 2 (through ball skills unit)
<p>Ball Awareness-moving ball on body</p> <p>Experiment with moving an object along the floor</p> <p>Throw to self, catching a soft ball/balloon</p> <p>Passing with a partner and counting to 5 and 10.</p> <p>Fun games encouraging throwing and catching different types of balls</p> <p>Throwing objects onto targets</p> <p>Jumping and landing on two feet, over equipment</p> <p>Move around in a variety of ways</p>	<p>Ball Awareness-moving ball on the ground</p> <p>Experiment with bouncing and dribbling a ball</p> <p>Catch a soft ball safely</p> <p>Pass a soft ball from the chest – ‘W’ shape when passing and receiving.</p> <p>Scoring in superhero basketball – ball into target (someone’s hands)</p> <p>Stopping – two feet, bending at knees with the ball</p> <p>Move around and change direction</p> <p>Small-sided games (Superhero ball Basketball) 3v3 dribbling and passing the ball</p>	<p>Ball Awareness-moving ball on the ground with control</p> <p>Experiment with bouncing and dribbling a ball beginning to use left and right hands</p> <p>Catch a ball safely</p> <p>Pass from a short distance to a partner.</p> <p>Scoring in a variety of ways and begin to use these in a game situation</p> <p>Stopping -two feet bending at knees and holding the ball close to body</p> <p>Move around and change direction at speed</p> <p>Small-sided games (Superhero ball Basketball) Small sided games, dribbling the ball and attempting the chest and bounce pass in a game.</p>

Year 3	Year 4	Year 5	Yr 6
<p>Ball Awareness-moving ball around different parts of the body</p> <p>Dribbling and bouncing a ball in a variety of ways ‘push not pat’</p> <p>Pass and receive a ball</p> <p>Scoring into a targeted area</p> <p>Perform a jump and stride stop in basketball</p> <p>Dodge in a conditioned game to get into a space</p> <p>Protecting the ball in an adapted game</p> <p>Introduce 3v3 mini basketball or an adapted game. Introduce tip off and key rules</p>	<p>Ball Awareness-moving ball around different parts of the body with control</p> <p>Dribbling and bouncing a ball with control and using both hands</p> <p>Pass and receive, stepping into the pass (chest and bounce pass)</p> <p>Scoring into a net/hoop in a small sided 3V3 basketball game</p> <p>Perform a jump and stride stop with a pivot</p> <p>Dodging with the ball to protect it</p> <p>Protecting the ball in an adapted game-using the pivot to protect the ball</p> <p>Introduce 4v4 mini basketball or an adapted game. Begin to use some additional rules e.g double dribble, travelling.</p>	<p>Ball Awareness-copying a partner and moving with the ball</p> <p>Dribbling the ball in various directions</p> <p>Pass, receive and move with the ball (chest and bounce pass)</p> <p>Learn the BEEF technique when shooting in isolation</p> <p>Dribble the ball and perform the correct footwork when stopping</p> <p>Offensive play in a conditioned game beating your partner when dribbling a ball.</p> <p>To develop defence techniques- Gorilla technique and begin to use the body to protect the ball in a conditioned game situation.</p> <p>Begin to use techniques learned in a game situation and to have an understanding of key rules.</p>	<p>Ball Awareness-copying a partner and keeping control while moving the ball</p> <p>Dribbling the ball in various directions at speed.</p> <p>Perform a variety of passes within a game with precision and control</p> <p>Using the BEEF technique in a competitive game situation.</p> <p>Dribble the ball and perform the correct footwork when stopping in a competitive game situation</p> <p>Offensive play using your team member to screen the ball in combination.</p> <p>To use defence techniques in a competitive game situation.</p> <p>Use techniques learned and apply in a game situation. Children to officiate and to understand the key rules of the game.</p>